

Redhill (EGKR) Listening squawk (3767) {Ct. (7010)}	ATIS TOWER	125.305 119.605	
Farnborough LARS	EAST WEST Listening squawk (4572) NORTH	123.225 125.250 132.800	
Farnborough (EGLF)	ATIS RADAR RADAR (CAS transit) RADAR TOWER	128.405 134.355 133.440 130.055 122.780	
Bembridge (EGHJ)	RADIO	123.255	
Blackbushe (EGLK)	INFORMATION	122.305	
Biggin Hill (EGKB)	ATIS APC / TOWER RADAR (THAMES) TOWER	135.680 129.405 132.700 134.805	
Fairoaks (EGTF)	INFORMATION	123.430	
Chichester/Goodwood (EGHR)	INFORMATION	122.450	
Headcorn (EGKH)	RADIO	122.210	
Lydd (EGMD)	ATIS APPROACH (TOWER)	129.230 120.705 (119.380)	
Rochester (EGTO)	INFORMATION	122.255	
Sandown (EGHN)	RADIO	119.280	
Shoreham (EGKA)	ATIS APPROACH TOWER	130.975 123.155 125.40	
Southend (EGMC)	ATIS APP / RADAR RADAR (Director) TOWER	136.055 130.780 (128.965) 127.730	
Gatwick (EGKK) (Listening squawk 7012)	ATIS TOWER DIRECTOR DIRECTOR	136.525 124.230 126.825 (118.950)	
Safety Com		135.480	
London FIS	LONDON INFORMATION	124.6 (124.75)	
<b>D &amp; D</b>	<b>LONDON CENTRE</b>	<b>121.5</b>	
Station		Freq	DOC
BIG	---/../-	115.1	60
DET	---/./-	117.3	60
DVR	---/...-/-	114.95	80
GWC	---/...-/-	114.75	80
LYD	.../...-/-	114.05	80
MAY	---/../-	117.9	40
MID	---/../-	114.0	60
OCK	---/...-/-	115.3	70
SAM	.../../-	113.35	100
SFD	.../...-/-	117.0	50
EPM	./...-/-	318	25
FOS	.../...-/-	348	8
LSH	.../...-/-	340	15
LZD	.../...-/-	397	20
RCH	.../...-/-	369	10